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LIII SUPER BOWL

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# IT'S PARTY TIME, PATS NATION

Everything you need to know about today's Super Bowl victory parade.

GETTY IMAGES

# Your complete guide to the 2019 Patriots Super Bowl parade

HARRY HOW

It's time to celebrate Ring No. 6!

MATT JUUL
matthew.juul@metro.us

Another successful Super Bowl is in the books for Tom Brady and the New England Patriots, which means fans will get the chance to celebrate with a packed parade through the streets of Boston. Local fans are getting pretty spoiled these days, as the latest celebration comes just months after the Red Sox took over the Hub with their own parade for their recent World Series win. Ahead, find out all the details for the 2019 Patriots Super Bowl parade.

**When is it?**

Brady, Rob Gronkowski, Super Bowl MVP Julian Edelman and the rest of the gang will parade around Boston in the iconic duck boats on Tuesday, Feb. 5. The festivities will start at 11 a.m., but make sure to get there early if you want to score an up-close look at this year's champs. If you do decide to attend, though, the City of Boston is asking folks to use public transportation to get there and to "please celebrate responsibly," so don't try throwing a beer to Gronk or any of the other Patriots stars.

**Super Bowl parade route, street closures**

The 2019 Patriots Super Bowl parade will kick off from the Hynes Convention Center on Tuesday morning. The festivities will stroll down Boylston Street at Hereford Street before taking a left onto Tremont Street en route to its end at Cambridge Street. The victory parade will pass both the Public Garden and Boston Common before ending at City Hall.

As expected, a number of streets around the route will be affected during the celebration. According to the City of Boston, the following streets will be closed to traffic beginning at 9 a.m.:

- Boylston Street, Massachusetts Avenue to Tremont Street
- Tremont Street, Boylston Street to Court Street
- Cambridge Street, Court Street to New Chardon Street

Parking around the parade route will also be a bit of a hassle as any street with a "No Stopping Boston Police Special Event" sign will be restricting parking. These areas will begin towing at 6 a.m. on Tuesday, so make sure to move your car in time.

CITY OF BOSTON

**Where to eat around the parade route**

There's plenty of great places to grab a bite and watch the festivities around the parade route. Located right on Boylston Street, Abe & Louie's has the perfect patio to watch all the fun, plus they'll be serving up Super Bowl Filet Sliders and clam chowder, with the bar opening at 10 a.m. Right next door, Atlantic Fish will open its bar at 10 a.m. as well, while guests can fill up on lobster rolls and other bites before the parade kicks off. Another Boylston hot spot to hit up is Back Bay Social Club, which will open at 8 a.m. Guests can sit on their patio to watch all the action while munching on lunch and breakfast specials and sipping on themed cocktails.

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# State police roll out body camera program

It's part of a large-scale reform in the police department.

NATE HOLMAN
letters@metro.us

MASSACHUSETTS STATE POLICE FACEBOOK

State police debuted their body camera pilot program Monday as part of a large-scale operations reform.

Officials said that within the next two weeks, approximately 100 state troopers will be equipped with camera devices supplied from several vendors which will be evaluated over the next six months in order to provide an additional level of accountability and accuracy for troopers during their interactions with the public; to increase officer safety; and to enhance the ability to accurately document the actions of criminal offenders.

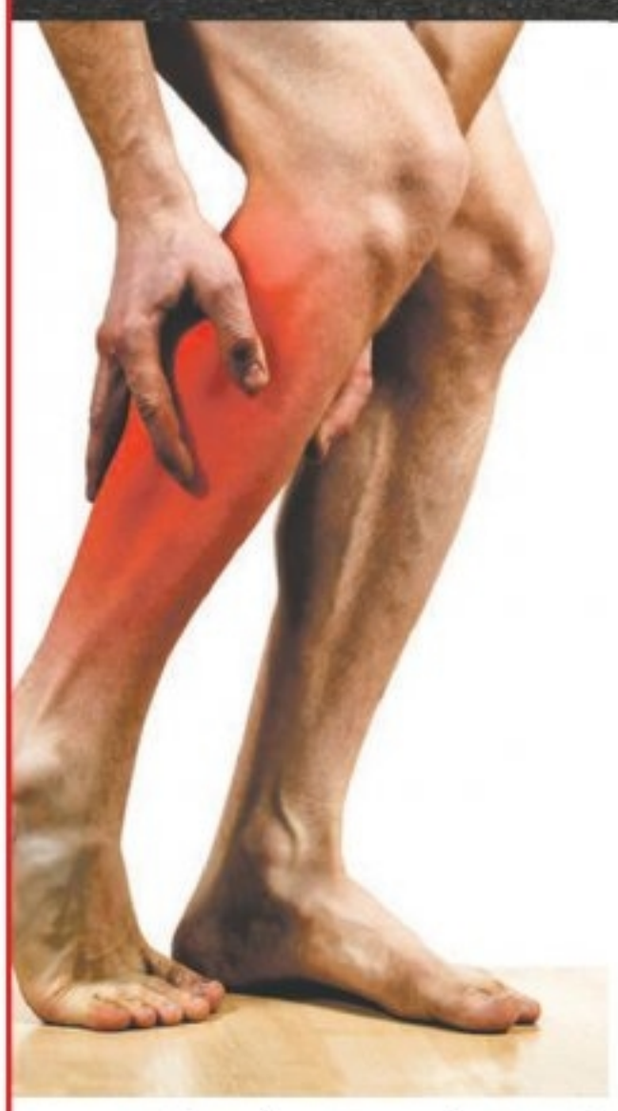
"Body cameras offer the potential to bring a new level of officer safety, transparency and accurate documentation to the tens of thousands of interactions our personnel have with the public every year," State Police Superintendent Colonel Kerry Gilpin said in a statement.

Other reforms include installing automated vehicle locator systems in all patrol cruisers; eliminating the former Troop E, with its duties of patrolling the turnpike and tunnel system rolled into three separate barracks; increasing oversight and capabilities, including quarterly audits of the department's top 50 earners; an increased Internal Affairs and Staff Inspections Sections staff for increased accountability; and new contracting with a major audit firm to review departmental payroll functions.

These measures come in the wake of a slew of scandals which brought federal and state charges of multiple state police troopers and top officials, ranging from interfering with the arrest of a judge's daughter, involvement in drug distribution and abuse of overtime payments.

Leg Pain & Cramps While Walking?

Pain while walking or jogging can be a sign of Peripheral Artery Disease (PAD), which if left untreated can cause severe pain, numbness, impotence, non-healing sores... even amputation.



- ☑ Leg pain while walking that stops after few minutes at rest
- ☑ Leg numbness or weakness
- ☑ Foot or toe wounds that won't heal
- ☑ Skin discoloration or shiny skin on the leg
- ☑ One leg or foot is colder than the other
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# VA gov meets with cabinet amid photo outcry

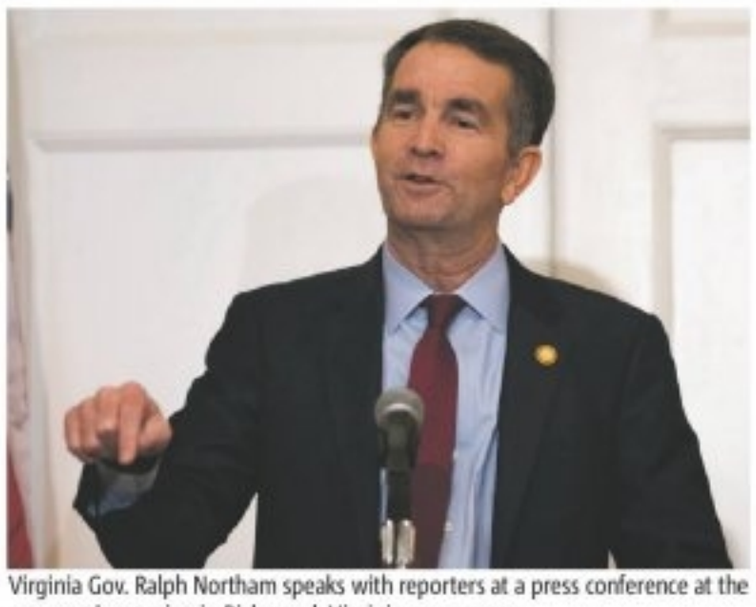
Virginia Gov. Ralph Northam met with his cabinet on Monday amid a chorus of calls from fellow Democrats to resign over last week's revelation of a racist photo on his 1984 medical school yearbook page.

A few dozen protesters gathered at the state capitol in Richmond to demand Northam step down while the state's lieutenant governor said there was "a lot of uncertainty" in the state's government.

A conservative media website on Friday released a page from Northam's yearbook depicting one person in blackface standing next to a masked person in the white robes of the Ku Klux Klan.

He first apologized on Friday and said he was one of the two people, then changed his story Saturday, saying he did not appear in the photo but had dressed in blackface at another point that year.

The admission drew immediate demands for Northam's resignation from Virginia politicians, the NAACP civil rights group and national political figures. At least five Democratic presidential candidates, including U.S. Sen. Cory Booker and Kamala Harris, both of whom are black, said Northam had lost the moral authority to lead.



Virginia Gov. Ralph Northam speaks with reporters at a press conference at the governor's mansion in Richmond, Virginia. GETTY IMAGES

Northam's office did not respond to questions about his plans on Monday but local media outlets reported he was meeting with advisers.

Lt. Gov. Justin Fairfax, who is black, said he was not sure what Northam's next move would be.

"I believe the governor has to make a decision that's in the best interest of the Commonwealth of Virginia," Fairfax told reporters at the capitol.

Asked if he was preparing for a possible elevation to governor, Fairfax replied, "There is a lot of uncertainty right now in our government. But we always have to be ready."

Should Northam resign, Fairfax, 39, would be the second black governor in the history of Virginia, where his great-great-great-grandfather once was a slave.

Earlier on Monday Fairfax released a statement denying a vague online report that a woman suggested he had sexually assaulted her in 2004.

"Tellingly, not one other reputable media outlet has seen fit to air this false claim," the statement from Fairfax's office said.

At least two media outlets, including The Washington Post, said a woman had approached them more than a year ago with the same allegation. The outlets said they had been unable to substantiate her claim.

The report of the allegation was published on the same website, Big League Politics, that first published Northam's yearbook page. REUTERS

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# THE budstonian

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# *A weed wedding expo is coming to town*

Let's set the scene: It's the morning of your dream wedding, and after over a year of stressful planning with your spouse-to-be, everything has — finally — fallen into place. Your outfit looks amazing, the centerpieces pop just like you wanted, and your granny just set off the smoke detector with a six-foot dab rig you rented for the reception hall while your entire family cheers her on.

Sound like your kind of party? While a man-sized dab rig might be a bit over the top, in states with legal recreational marijuana, a small niche market that provides high-end cannabis catering for weddings is increasingly popular.

And, like most other trends from the West Coast states that had the vision to legalize before us, it's coming east: specifically, the famed Cannabis Wedding Expo is making plans to have its first East Coast event this October in Boston.

This already sounded wild, but an entire convention about it? You'd be surprised. The Boston event is a bit early in the planning stages for any vendors to be announced, but previous conventions saw dozens of vendors offering all kinds of services, from cannabis-infused cakes, hemp bridal dresses, trippy DJs, artisanal gift bag curators and more.

Other traditional vendors touting certain levels of cannabis-friendliness are also welcome: for example, transportation companies, hairdressers, wedding venues and more.

The expo's website says that hundreds of cannabis-minded couples visit their conventions for ideas. At ticket sales around $15, even the lonely-but-curious could have a good time checking out the latest in cannabis event planning.

Alright, let's say I convince my in-laws that this is actually OK to do. What would it look like?

Your mileage will always vary, but a 2018 Forbes article describes a California couple who spent a relatively lavish $8,000 on cannabis services for their wedding, a private reception for 70 guests.

The piece describes a "200-square-foot outdoor dab bar" loaded with "50 grams of hash" a vaping area with "twinkling lights" and an edibles bar, featuring sweets like macaroons, brownies, cookies, organic rose and lavender cotton candy, along with a large jar of chocolate-espresso chocolates.

"It was a low-drama, mellow day," the bride told the magazine. "If I hadn't had cannabis I would have been more stressed, but because I did, I could be more creative and enjoy the experience. And now people are asking me to help them plan their cannabis weddings."

In most states with legal bud (including Massachusetts), its sale is tightly regulated. Most couples get around this by legally purchasing the marijuana from a third-party, legal dispensary — usually with the input of their event "budtender" — and "gifting" the marijuana to their guests, which is, in most circumstances, permitted.

Some other legal considerations, such as keeping the marijuana away from underage guests, will still apply, so please make sure you speak with experts beforehand to make sure any gifts you provide your guests comply with the law. Oh, and keep an eye on grandma.

CHRIS CAESAR

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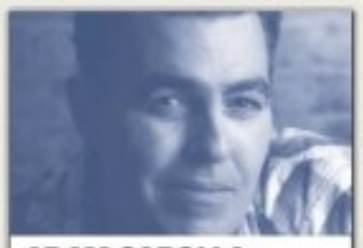
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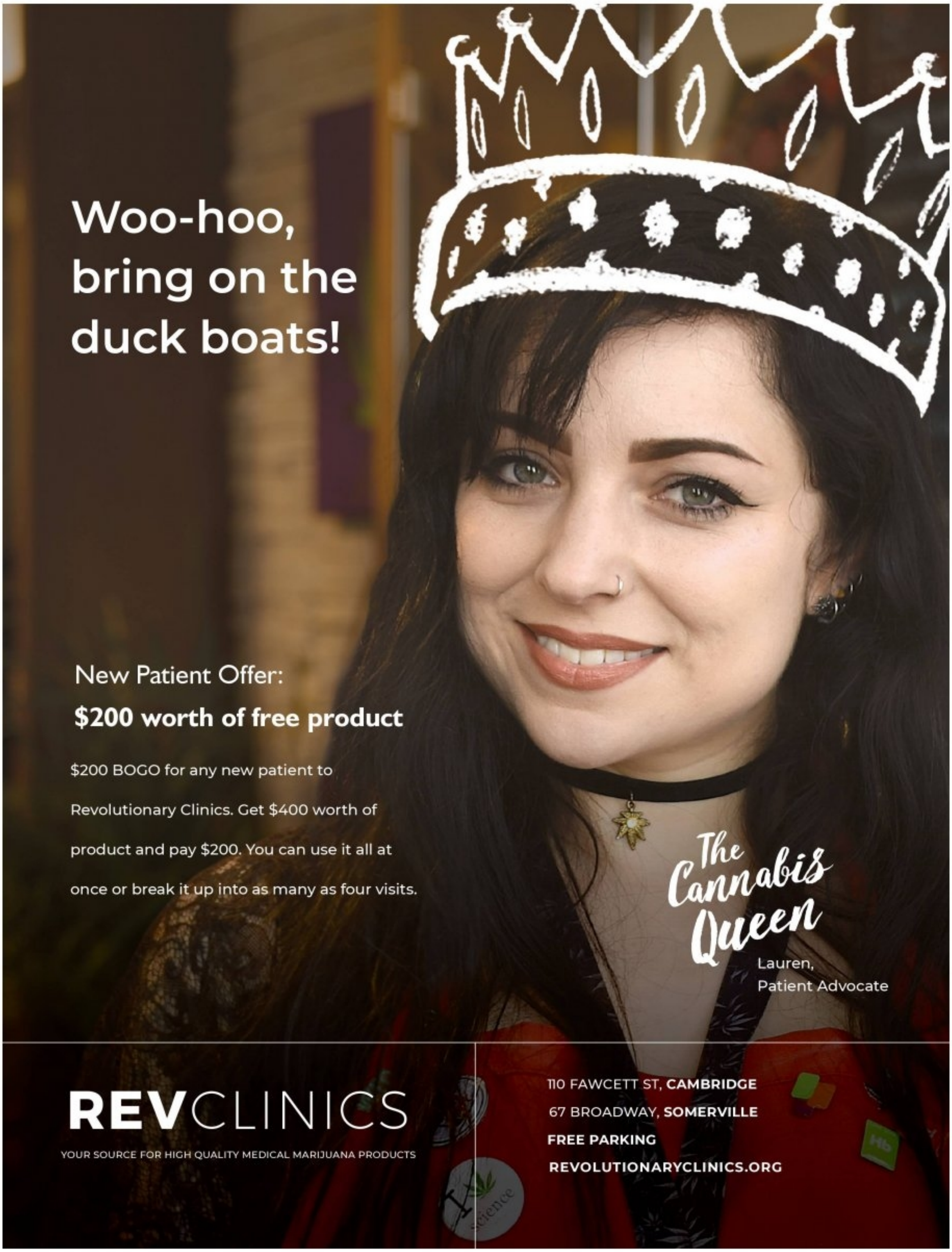
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# Picking the hero, zero and underrated pro of Super Bowl LIII

There was plenty of credit — and blame — to go around in the low-scoring Super Bowl LIII.

JULIAN EDLOW
sports@metro.us

The New England Patriots are Super Bowl champions for the sixth time in the last 18 seasons. The 13-3 victory over the Rams certainly looked different than we were expecting it to — the teams New England beat in the Super Bowl and AFC Championship played a game during the regular season that ended 54-51.

Somehow, a game that featured 16 total points wound up being the largest margin the Patriots have even won a Super Bowl by. There was no shortage of drama, though, as yet another one came right down to the wire.

Let's break down who the game's biggest hero, zero and underrated player were:

## HERO: STEPHON GILMORE

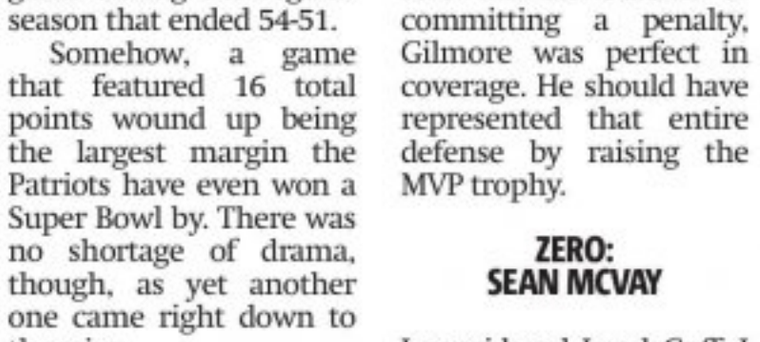
Julian Edelman took home the MVP award, and I don't have an issue with it. In a game where the offense was scarce, a win wouldn't have been possible for the Patriots without Edelman's 10 catches for 141 yards. He made gritty plays and deserves to be rewarded for them, but this New England defense managed to hold a high-flying Los Angeles offense to a mere three points. That was the real story here.

The Rams scored 30 or more points 12 times during the regular season and averaged 28 points in the postseason entering the Super Bowl. The whole Patriots defense is deserving of the MVP award, but Gilmore stood out above the rest. Outside of the interception that helped seal the win, Gilmore had three passes defended and five solo tackles. Outside of committing a penalty, Gilmore was perfect in coverage. He should have represented that entire defense by raising the MVP trophy.

## ZERO: SEAN MCVAY

I considered Jared Goff. I considered Todd Gurley. You could almost consider anyone on the offensive side of the ball for the Rams. In the end, I had to take the head coach for not finding a way to score more than three points in this game. The Patriots' effort on defense should be applauded, but it isn't good enough to hold a top offense to three points.

The Rams averaged 33 points per game during the regular season. Jared Goff had a couple of throws that could've resulted in touchdowns, but the play-calling never put him in a good position to succeed. Todd Gurley racked up 1,831 yards and 21 total touchdowns in 14 games during the regular season. He was in the MVP conversation prior to resting his knee. That body of work was good enough for McVay to trust Gurley with just 10 carries in the biggest game of the season. In a game that was 3-3 until late in the fourth quarter, the Rams had plenty of opportunities to put the ball in the hands of their best player and never did so. The Rams were never a threat on offense in the game. That's on McVay.



Stephon Gilmore (top) and Jason McCourty (bottom) played huge roles in spoiling Sean McVay's (middle) Super Bowl debut. GETTY IMAGES

## UNDERRATED: JASON MCCOURTY

If the Rams ever got into the end zone, it was going to be with 3:35 left in the third quarter. The Patriots made their one mistake of the game, triple-covering Robert Woods, and allowing Brandin Cooks to streak into the end zone. Cooks couldn't have been more wide open.

Jared Goff got the ball to him but took too long. Jason McCourty darted across the field, arrived at the exact moment the ball got to Cooks, and was able to break up the pass in perfect fashion. Three plays later, the Rams kicked a field goal to tie the game, 3-3.

If the Rams had jumped out to that 7-3 lead, who knows where this game would've gone. The save was 100 percent McCourty's playmaking ability and may have been the difference in the game.

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# PATRIOTS DYNASTY IS THE MOST IMPRESSIVE IN THE HISTORY OF SPORTS

JIMMY TOSCANO
sports@metro.us

Bill Belichick and Tom Brady continue to churn out championships in Boston. GETTY IMAGES

It's the first week of February, the sun is shining brightly in Boston, and Duck Boats are cruising down Tremont Street toward City Hall with Patriots players and coaches onboard.

Thousands of fans are lined up on each side of the route screaming at the top of their lungs, holding up signs and passing around their favorite beverages. A few of those signs — and beverages — even make their way to the players.

The year is not 2002, or 2004, or 2005. It's not 2015 or 2017, either. It's 2019. Time is a flat circle, and the New England Patriots just keep going round and round.

Welcome to New England's version of Groundhog Day — just replace Sonny and Cher's "I Got You Babe" with a Jon Bon Jovi track.

By now you know: The New England Patriots are Super Bowl Champions for the sixth time.

It's their sixth championship since the 2001 season, and ninth Super Bowl appearance in that span — 18 seasons — all under Robert Kraft, Bill Belichick and with Tom Brady at quarterback. And those 18 seasons have all been over .500 — another NFL record for consecutive winning seasons since the 1970 NFL merger.

Think about that for a second. In a league designed to create parody and give more teams a shot at a title, the Patriots have won 33 percent of Super Bowls since 2001 and have been to 50 percent of them, including the last three.

The win also extends New England's record-setting postseason wins total this decade to 16 — with one more season to go, too. This after tying the record in the 2000s with 14 postseason wins. That's basically two straight decades of dominance.

It's a run that not many franchises in the modern era can compare to — certainly none in the NFL. The 2001-2018 (and counting) Patriots have a strong case for the greatest dynasty ever, in all of sports. Of course, this is subjective: It's difficult to compare franchises in different sports and in different eras.

Then there's the fact that the Pats didn't win a Super Bowl after the 2004-05 season until the 2014-15 season. They did, however, play in five of the nine AFC Championship games between those seasons, winning two of those games. They also just played in their eighth straight AFC Championship Game this season.

It's not as if they disappeared for 10 years between championship runs.

No, Sunday's Super Bowl game won't go down as the prettiest. Your favorite non-Pats fan has already submitted his or her formal complaint about a more exciting game next year, and the Patriots will surely take those requests into consideration. But there is beauty to be found if you can get past your personal Patriots vendetta.

Great teams figure out ways to win, and that's what the Patriots have done over the last 18 years head and shoulders above every other NFL team. They've won with a stifling defense some years, they've won with a high-powered offense in others, and on Sunday they won in an ugly, grind-it-out fashion.

But they won.

Tom Brady threw an interception on his very first pass attempt, looked off most of the game, and then staged a 69-yard, game-winning drive in the fourth quarter — his sixth fourth-quarter or OT game-winning drive out of six Super Bowl wins. Bill Belichick coached laps around Sean McVay, and the Pats defense pretzeled Jared Goff.

With the win, Brady and Belichick even further cemented their cases as the greatest quarterback of all time and the greatest coach of all time. It was their 30th postseason win together, more than double the second-place coach/player tandem of Chuck Noll and Terry Bradshaw (14).

Brady now stands alone as the only NFL player with six Super Bowl rings to his name. He has gone from 199th pick to a system quarterback, to MVP, to G.O.A.T., and when it's all said and done, a transcendent player in all of sports. As for Belichick, the NFL should consider renaming the Lombardi Trophy.

There is no pro sport with more turnover than the NFL, especially in this day and age. Players like Ty Law, Tedy Bruschi, Deion Branch and Wes Welker have been replaced with players like Malcolm Butler, Donta Hightower, Rob Gronkowski and Julian Edelman. And the list goes on.

That Kraft, Brady and Belichick have sustained success for almost two decades — and in completely different styles over those years —speaks volumes for who they are on and off the football field.

It's why, all things considered, the Patriots of the 21st century are the most impressive dynasty of all time.

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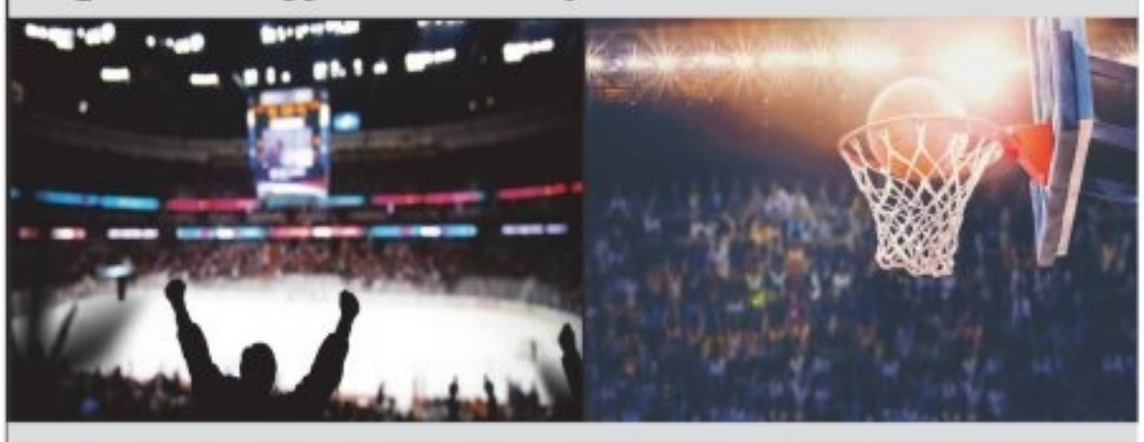

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# MEDICAL RESEARCH

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## Volunteers needed for a one month nutrition study!

**You may qualify if you are:**

- 50-80 years old man or woman
- Free of known chronic disease
- Have BMI between 18-35 kg/m²
- Not taking iron supplements

Tufts UNIVERSITY

JEAN MAYER USDA HUMAN NUTRITION RESEARCH CENTER ON AGING HNRCA

**And you are willing to:**

- Have medical history reviewed/laboratory tests
- Provide blood and stool samples during the study
- Commit for approximately a 4-week period

**If eligible, may be paid up to $400 upon completion of the study**

**For more information**
**E-mail: volunteers-hnrc@tufts.edu • Call: 1-800-738-7555**
**Request "Safe Iron Study" or Study #2935**

## DO YOU HAVE OSTEOARTHRITIS OF THE KNEE?

This research study investigates whether type of non-invasive brain stimulation called Transcranial Direct Current Stimulation (tDCS) combined with Transcranial Ultrasound (TUS) can improve the symptoms caused by Osteoarthritis (OA) of the knee.

This research study requires 16 visits over 11 weeks to Spaulding Rehabilitation Hospital in Charlestown, MA.

**Requirements:**

- ✓ Have had pain of either knee in the past 6 months
- ✓ Are between 18-85 years old

*Earn up to $25 per visit for your participation.*

Scan this code for more information about the trial

For more information, please contact the Spaulding Neuromodulation Center
Phone: 617.952.6152 Website: www.clinicaltrials.partners.org/study/10082

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## Alcohol Research Study

**Do you have an alcohol problem? Have you recently started to address It? Are you planning to address it?**

Participation involves a total of 7 study visits over a two-year period. You could be compensated up to $455.

***You may be eligible if you...***

*- Have resolved an alcohol problem in the past 90 days*
*- OR plan to make a new recovery attempt in the next 14 days*
*- Are over the age of 18*
*- Are willing to travel to Boston for study visits*

**Call (617) 643-9850 , email MGHsmartstudy@Partners.org or visit https://is.gd/MGHpathways**

## DO YOU HAVE CHRONIC NECK OR BACK PAIN?

The Massachusetts General Hospital Center for Translational Pain Research is conducting a research study investigating if the combination of two study medications may reduce chronic pain.

**YOU MAY QUALIFY IF:**

- You are not currently taking opioid medication or Duloxetine
- You are an adult with neck or back pain

**YOU CAN EXPECT:**

- A 10 week research study
- Office visits and phone calls
- Two medications or placebos
- Compensation

For more information call Cindy:
**617-724-6102**
MGHPainResearch@partners.org
www.massgeneral.org/translationalpainresearch

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# GAMES

## metro.us/crossword

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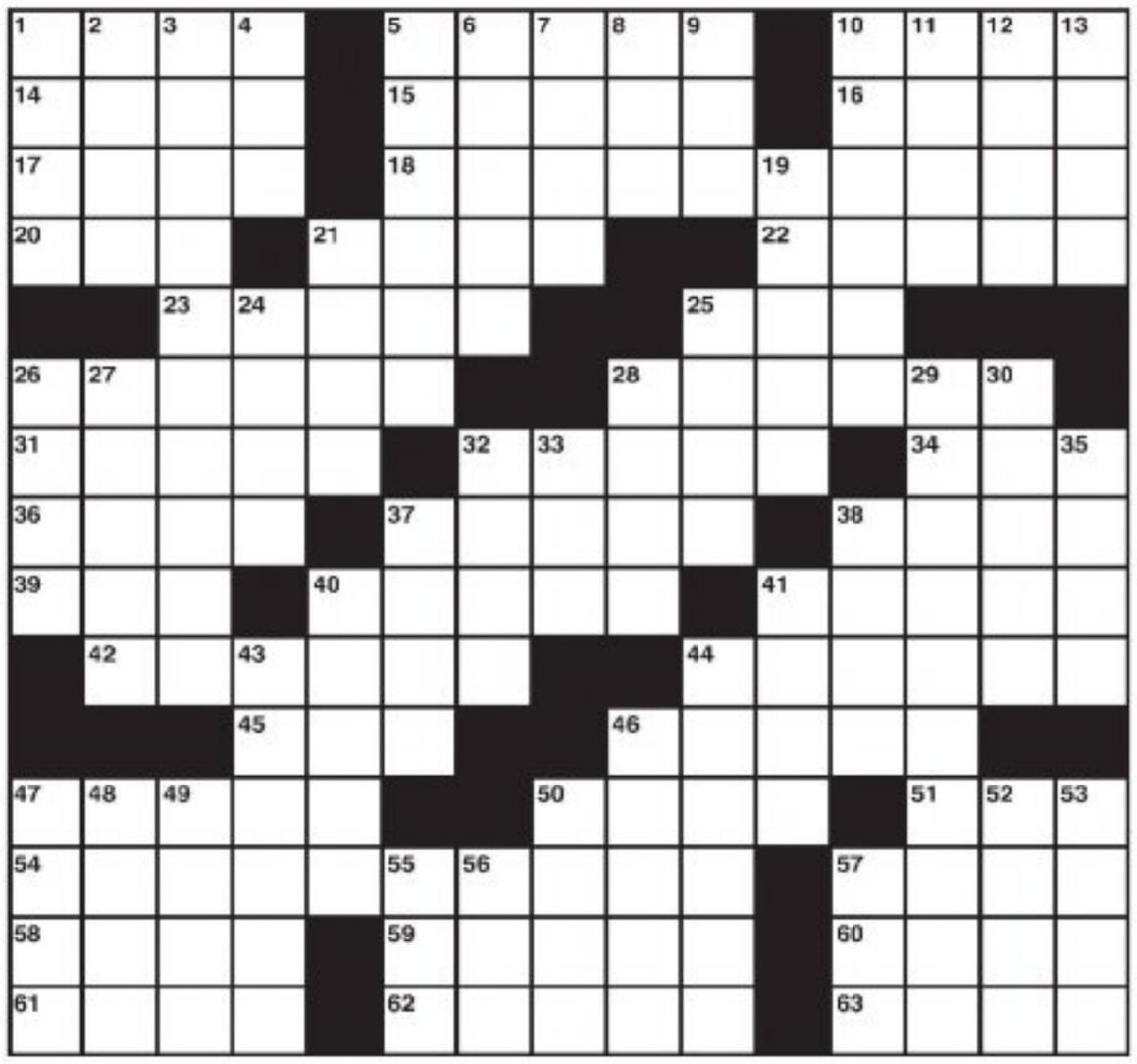
**ACROSS**

1 Keep one's fingers crossed
5 Threaded fastener
10 __ milk; nonfat beverage
14 Warren or Holliman
15 Still breathing
16 Bridal veil fabric
17 Sudden idea; fancy
18 Rams' home
20 "Make hay while the __ shines"
21 Small nail
22 City in England
23 Lewis' exploring partner
25 Get-up-and-go
26 Actress Ally
28 Complete failure
31 Place of refuge
32 Actress Burstyn
34 Bird of prey
36 Be persnickety
37 Aviator
38 Musketeers or Stooges
39 Polished off
40 Jabbed
41 Revolves
42 School compositions
44 Go back on a promise
45 Strike
46 Conceals
47 Twelve
50 Family members
51 Cushion
54 Dethrones; bring downs
57 Like takeout food
58 Sweetheart
59 Uncanny
60 Patella's place
61 "Beauty is __ skin-deep"
62 Miles per hour
63 Chances

**DOWN**

1 Chops down
2 Waikiki Beach's island
3 Members of the royal family
4 Lawn tree
5 Money earned
6 Big Ben, for one
7 Danger
8 Gabor or Longoria
9 Actress Ming-Na __
10 Slumbers
11 Hardy cabbage
12 Like cinnamon rolls, usually
13 Disarray
19 Gather bit by bit
21 Small amounts
24 Flowery rings
25 Landing place
26 Davenport
27 __ cuisine; fine food
28 Ran away
29 Exchange letters
30 __ to; because of
32 BPOE folks
33 Be dishonest
35 Suffer defeat
37 Auto racer A.J. __
38 Song
40 "__ Your Wagon"; Broadway musical
41 Kennedy & Cruz
43 Wine sometimes used in cooking
44 Washed off soapsuds
46 TV's Mandel
47 Extinct bird
48 Kiln
49 Ardor
50 As __ as a boil
52 Middle-__; neither young nor old
53 Mothers of fawns
55 "__ got the whole world in His hands..."
56 Elected official: abbr.
57 Ref's call



BY TCA

## metro.us/sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | | | | | | | | 1 |
| | 6 | 7 | | | 2 | 8 | | 3 |
| | | 2 | | 7 | | 6 | 9 | |
| 7 | | | | | 4 | | 3 | 8 |
| 8 | | 4 | | 6 | | 5 | | 2 |
| 1 | 2 | | 7 | | | | | 9 |
| | 8 | 9 | | 2 | | 3 | | |
| 6 | | 3 | 8 | | | 2 | 4 | |
| 2 | | | | | | | | 7 |

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## metro.us/horoscopes

**Aries** You've got the moves, so stop thinking someone else can do a better job. A suggestion you make will encourage others to pitch in and help. Expand your interests and make new friends.

**Taurus** Confusion or uncertainty will set in if you are too analytical. Take action and learn as you go to accomplish the most. Love and romance will enhance your life.

**Gemini** Your ideas will capture someone's attention. A joint venture or partnership will broaden possibilities and bring you closer to achieving something that will improve your life.

**Cancer** Keep plugging away until you reach your goal. The journey you take will be gratifying and will help you hone your skills. A physical change will boost your confidence.

**Leo** Stay on track and think matters through before you make a move. Opportunities are within reach, but making the best choice will not be easy. Take your time.

**Virgo** You'll come up with a unique plan. A little discipline, careful thought and judicious personal changes will help you bring your idea to life. Love is in the stars.

**Libra** Don't just think about making a personal change, do something about it. Take the initiative and start the ball rolling. What you accomplish will give you hope and improve your personal life.

**Scorpio** Spend time with someone who understands your personal situation. Good advice will come in handy and help you defuse a problem before it explodes.

**Sagittarius** Take advantage of any opportunity you get to make positive changes at home, or get involved in events or activities that make you feel alive.

**Capricorn** Love will come at a price. Look ahead with optimism and decide what you need to do to achieve the happiness you desire. Take responsibility for your actions.

**Aquarius** Look for a chance to make a professional move or change the way you handle your personal finances. A contract or joint venture looks promising. An emotional situation can be resolved.

**Pisces** If you draw on your imagination, you'll come up with good ideas for yourself and others. Simple solutions will outweigh someone's pie-in-the-sky ideas. EUGENIA LAST

**Yesterday's Answers**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | L | U | | | G | R | A | B | S | | S | C | U | M |
| L | O | R | D | | R | E | G | A | L | | C | A | P | E |
| Y | O | G | A | | O | P | E | R | A | | R | I | O | T |
| | P | E | R | S | U | A | D | E | S | | I | N | N | S |
| | | | N | O | S | Y | | | H | E | M | | | |
| S | T | R | I | F | E | | T | A | I | L | P | I | P | E |
| P | O | I | N | T | | T | R | U | N | K | | S | U | N |
| L | O | N | G | | S | W | U | N | G | | B | A | L | D |
| I | T | S | | A | T | I | L | T | | L | E | A | S | E |
| T | H | E | O | L | O | G | Y | | F | O | R | C | E | D |
| | | | R | I | M | | | L | O | O | N | | | |
| W | A | S | A | | A | F | T | E | R | M | A | T | H | |
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| H | Y | P | E | | S | W | E | E | T | | | T | E | A |

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